



## Family Swim Times (SAC members only)

May 5- June 30th, 2008

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
7-9:30am	7-9am	7-9am	7-9am	7-9:30am	1 - 5:30 pm
10-11am	10-11am	10-11am	10-11am	10-11am	
	12:30-1:30pm	12-12:45pm	1:15-3pm	12-1:30pm	
3:45-5:15pm		1:15-4pm	3:30-4:30pm	2-3pm	
		4:30-6pm	5-7pm	4-5:30pm	
8-9pm	8-9pm	8-9pm	8-9pm	6-9pm	

- A great way to have fun and exercise with your children!
- Parents and children may use the *large shallow lane* to play and swim.
- Please leave all other lap lanes open for Swim Lessons and Adult Swimming.
- Children are welcome to swim and play **ONLY** during Family Swim Times so as not to disrupt classes.
- Children ages 5 and older are not allowed in opposite sex locker rooms.
- Diapers are not allowed in the pool. Plastic pants or swim diapers should be worn and may be purchased at the Front Desk.