



Family Swim Times (SAC members only)

March 1—April 26, 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
7-9:30am	7-9am	7-9am	7-9am	7-10am	1 - 5:30 pm
10-11am	10-11am	10-11am	10-11am	10-11am	
12-1:30pm	12:30-2:15pm	12-1:30pm	12:30-3:45pm		
2:15-3:15pm	3:30-6pm	4:30-5:30pm	4:30-5:30pm		
4-5pm		6-7pm			
8-9pm	8-9pm	8-9pm	8-9pm	12:00-9pm	

- A great way to have fun and exercise with your children!
- Parents and children may use the *large shallow lane* to play and swim.
- Please leave all other lap lanes open for Swim Lessons and Adult Swimming.
- Children are welcome to swim and play *ONLY* during Family Swim Times so as not to disrupt classes.
- Children ages 5 and older are not allowed in opposite sex locker rooms.
- Diapers are not allowed in the pool. Plastic pants or swim diapers should be worn and may be purchased at the Front Desk.